

## **Ducks for dissemination**

#DisseminationDucks

Podcasts have rocketed in popularity over the past ten years - people are spending more time than ever with their headphones on, giving you the perfect opportunity to communicate to them with their full attention.

## Podcast top tips

Use a decent microphone - they're inexpensive and improve sound quality

Brand yourself
- think of a
catchy title,
logo, slogan
and even a
jingle

Create a structure. How many will you make and when will you publish?

Plan your content. Inform your audience what you intend to say and how

Aim for your podcast to be between 20 and 40 minutes long

Wherever you choose to upload your podcast, ensure it's shareable to your other platforms

## For more information contact the communications team:





@ResearchWales

healthandcareresearch.gov.wales/research-route-map





## Don't leave your research on the shelf

We all have a story to tell, but some tales stand out more than others. Simply announcing that a research study has taken place just won't fit the bill, those results need to be relatable - and we need to know how it's going to help rea people. So, tell your research story...

Think about your audience. Who are they and what do they need?







Keep it simple! Avoid using jargon to encourage audiences to want to learn about your research.



What is the impact of your research for your audience? Why should they care?

What's your 'wow' factor? The best told stories create emotion for their audience - find the 'wow' in yours.





Audiences want to know about more than just data. What's the story behind your research project?

For more information visit the Research Route Map at healthandcareresearchwales.gov.uk

