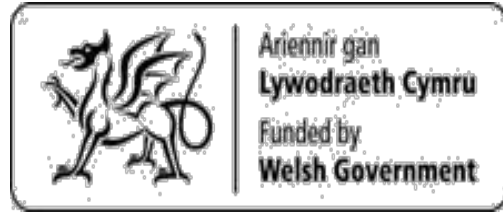




Galluogi Ymchwil Mewn Cartrefi Gofal
ENRICH CYMRU
Enabling Research In Care Homes



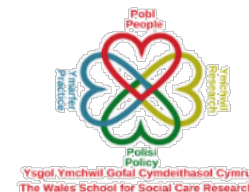
Ymchwil Iechyd
a Gofal **Cymru**
Health and Care
Research **Wales**



Supporting the care home community through research during pandemics and beyond



@EnrichCymru #CADRConf2021
stephanie.green@Swansea.ac.uk



Overview

Past development of a research network in Wales

Present opportunities and challenges for care home research in the current pandemic

Future opportunities and development
A Time for Change!





What is ENRICH Cymru?

A national network for the care home community in Wales to design and participate in more health and social care research.

Born in Wales in 2018 with a specific focus on:

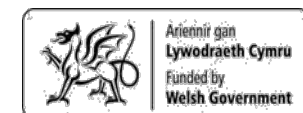
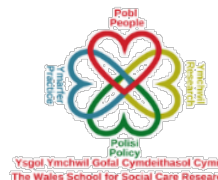
- The needs of care homes
- Collaborative, two-way partnerships



1. Development of ENRICH Cymru

Relational Approach

- Importance of long-term relationships with care home providers through a research network (Lam et al., 2018)
- Relational capacity-building in care homes in the research context (Toms et al, 2020)



Why co-produce care home research?

To ensure:

- The most relevant questions and issues to the care home community are explored
- Participants are **INCLUDED** and able to understand the study resources
- Appropriate methods and measures are selected



3. Current pandemic

Challenges & Opportunities

- Research progress across health and social care settings
- PRINCIPLE Trial
- PROTECT Trial
- Important questions:
 - Who sets the research agenda?
 - How can care homes contribute to the research agenda?

Care Home Voices

A snapshot of life in care homes
in Wales during Covid-19



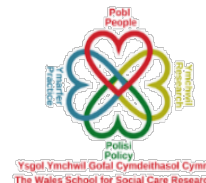
An independent voice and champion
for older people

'Experts by Experience'

*"Older people living in care homes, and their friends and family, must be provided with **opportunities to share** their views and experiences with policy- and decision-makers to ensure that **the things that matter most to residents** are properly understood and shape care home policy on a national and local level. "*

ENRICH Cymru's evolving role in the 2020-21 pandemic

- **Advocacy role** to inform research in development for residents without capacity in care homes e.g. PRINCIPLE
- **Sense checking** resources e.g. NIHR ARC Top Tips
- **Supporting new research** e.g. PPE study
- **Communicating the value** of the role of research e.g. 'Call to Action' paper
- **Cascading information** about new and developing studies



Supporting Care Homes

8th October 2020

The tales of residents at the Old Vicarage Care Home in Llangollen have enabled them to write a new book entitled 'Lockdown Legends'



By [Arron Evans](#) | [@ArronEvansNews](#)
Reporter

Bethan Mascarenhas (Manager):

"Our focus is to provide a range of programs and activities which enables the older age groups to creatively integrate safely into the wider community".

Future Developments

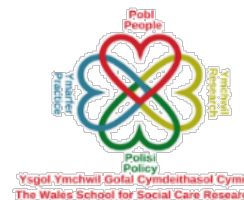
Welcome to the new team in Wales!



ENRICH Cymru Research Facilitators

Sondra Butterworth & Emma Richards

s.p.butterworth@swansea.ac.uk & e.v.richards@swansea.ac.uk



Future Developments

Future Plans: A time for change!

- ENRICH Cymru Advisory Group
- Opportunities to co-create research
 - e.g. 'Rise up from Lockdown'*
- Blogs & accessible engagement with care homes
- Seminars on 'hot topics' including:
 - 'Exploring the evidence for care home visits in the UK, drawing on global evidence'*
- Teams channel for care homes to increase engagement

References

- Lam, H. R., Chow, S., Taylor, K., Chow, R., Lam, H., Bonin, K., ... & Herrmann, N. (2018). Challenges of conducting research in long-term care facilities: a systematic review. *BMC geriatrics*, 18(1), 242.
- Toms, G., Green, S., Orrell, A., & Verity, F. (2020). Building relational research capacity in care homes in the COVID-19 era: applying recognition theory to the research agenda. *Quality in Ageing and Older Adults*, 21(4), 229-239. <https://doi.org/10.1108/qaoa-09-2020-0042>, SU Repository: <https://cronfa.swan.ac.uk/Record/cronfa55518>
- OPC Report: https://olderpeoplewales.com/en/news/news/20-06-21/Care_Home_Voices_A_snapshot_of_life_in_care_homes_in_Wales_during_Covid-19.aspx



@EnrichCymru

stephanie.green@Swansea.ac.uk