Building resilience in research

Julia Townson
Equasy – An overlooked addiction with implications for the current debate on drug harms

DJ Nutt  Psychopharmacology Unit, University of Bristol, Bristol, UK.

The regulation of illicit drugs in the UK is via the 1971 Misuse of Drugs Act [MDAct]. That of legal drugs is via the Medicines Act if they have clinical utility or via trade regulations in the case of tobacco, alcohol, food supplements and vitamins. When a new drug comes along and concerns are expressed about potential harm, its status is assigned in the UK by the

Class C drugs: For possession – 2-year imprisonment and/or an unlimited fine; For supply – 14-year imprisonment and/or fine.

How best to assess the classification of a drug is an issue that is and has always been problematic. A potential method for exploring harms has been developed that assesses harms across five domains that relate to the general harms of the
Background
Pathway
Networks and collaborators
Mentors and role models
Goals
Persistence

The More I Practice
The Luckier I Get

Arnold Palmer - www.quoteikon.com
Resilience

Just keep going...