



Centre for  
Trials Research

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# Building resilience in research

**Julia Townson**

# Background

## Editorial

# Equasy – An overlooked addiction with implications for the current debate on drug harms

DJ Nutt *Psychopharmacology Unit, University of Bristol, Bristol, UK.*

The regulation of illicit drugs in the UK is via the 1971 Misuse of Drugs Act [MDAct]. That of legal drugs is via the Medicines Act if they have clinical utility or via trade regulations in the case of tobacco, alcohol, food supplements and vitamins. When a new drug comes along and concerns are expressed about potential harm, its status is reviewed in the UK by the

*Class C drugs:* For possession – 2-year imprisonment and/or an unlimited fine; For supply – 14-year imprisonment and/or fine.

How best to assess the classification of a drug is an issue that is and has always been problematic. A potential method for exploring harms has been developed that assesses harms across nine domains, three relate to the personal harms of the

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# Background

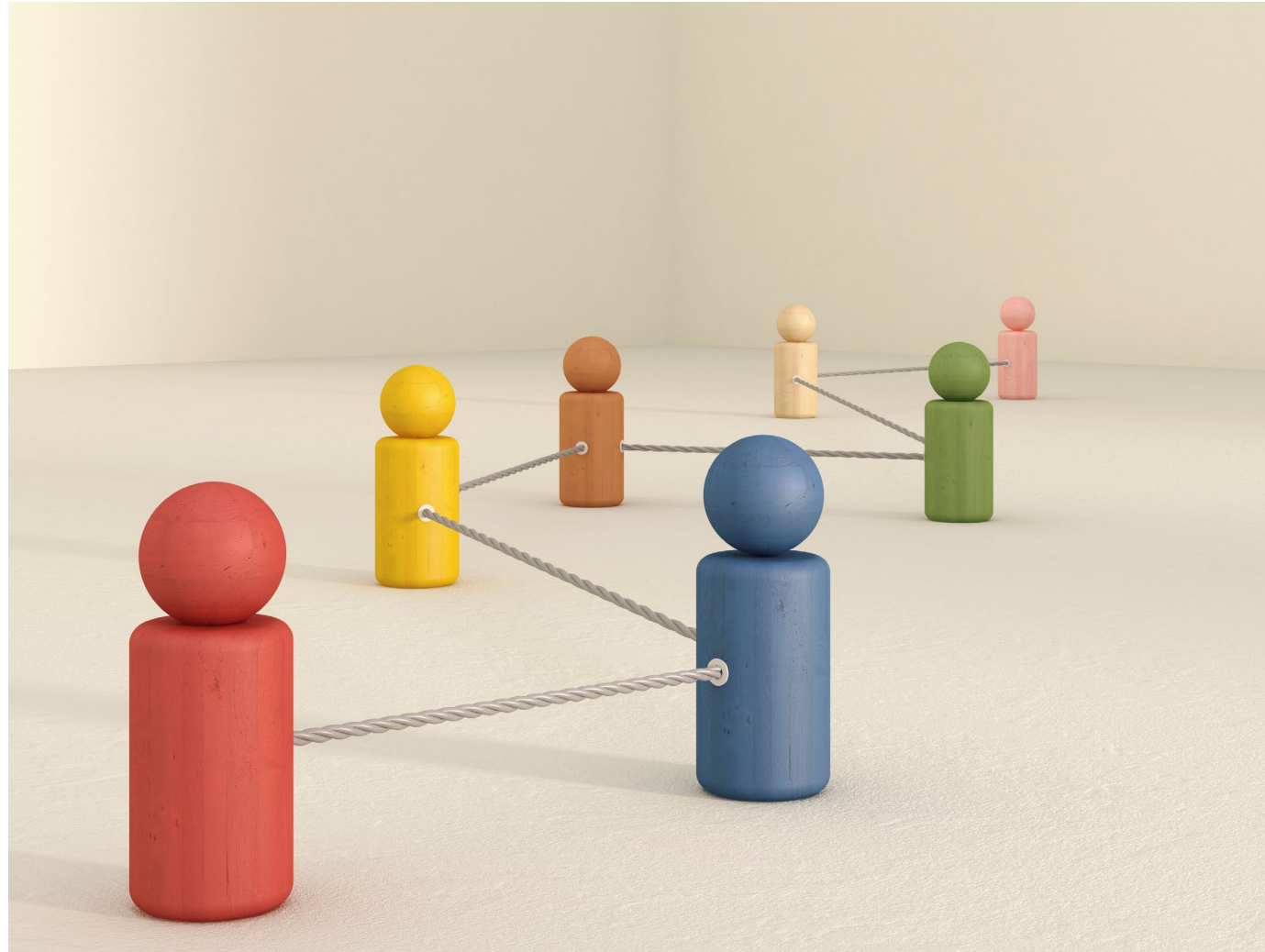




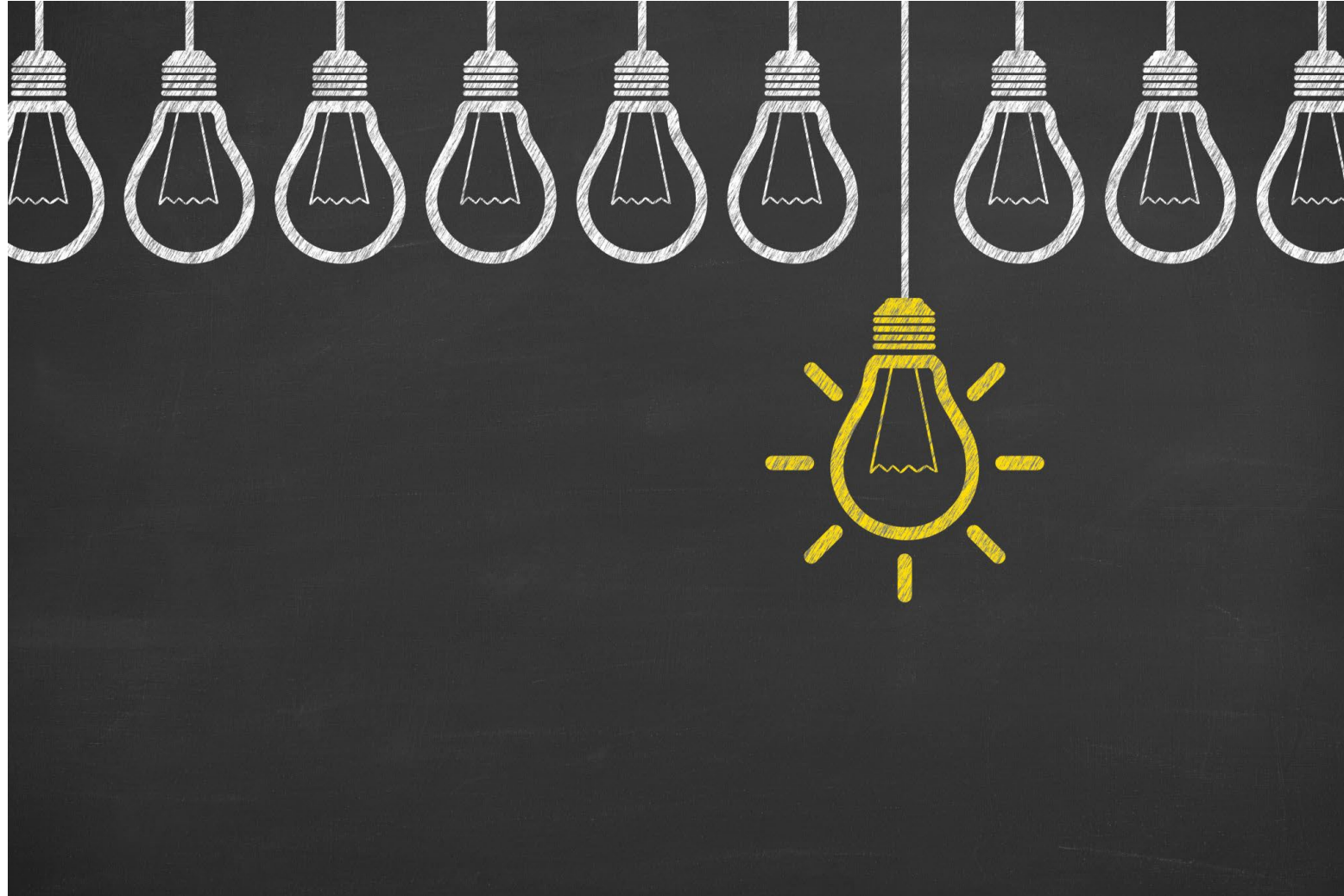
# Pathway



# Networks and collaborators



# Mentors and role models





# Purpose



# Goals





# Persistence



The More I Practice  
The Luckier I Get

*Arnold Palmer - [www.quoteikon.com](http://www.quoteikon.com)*

# Resilience

Just keep going...





# Questions

