





Personal Development Audits

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- Making research careers work: a review of career pathways in health and social care in Wales - highlights the enablers and barriers to research careers in Wales and recommendations for change.
- Establish a Faculty for Health and Care Research Wales personal funding awardees.
- Focus to ensure health and social care researchers have the right training and support to develop their careers.









Reflection on Career Development

2011 – 2016 Involving Young People

Officer, DECIPHer

2011

2016 - 2021

P/T Research Associate, DECIPHer & CASCADE

1+3 ESRC Wales DTP Studentship

2021-2022

Research Associate, DECIPHer Current

Health and Care Research Wales Health Research Fellowship, DECIPHer & Wolfson

2022

- 1 PhD Training Needs Analysis Lack of understanding about what training/experience I need.
- 2 Training was often generic and not health specific.
- 3 Overlooked some vital areas of development Networking.
- 4 Tools/frameworks for development I found difficult to use.







Personal Development Session

- 20 minutes.
- Five breakout groups (allocated by room number on name badge).
- Facilitator will have three examples of current development tools.
- What do you think are the advantages and disadvantages of these tools? (think about usability, adaptability to your field, the areas of development covered, are there areas missing).
- After three minute feedback summary from each group