

Academy How perseverance is key in Primary Care Can we recruit them? Yes we can!

Lucie Parry, Advanced Nurse Practitioner, West End Medical Centre. Charley Rutter, Nurse Practitioner, West End Medical Centre. Stella Wright, Lead Research Officer, Primary and Community Care Academy, Betsi Cadwaladr University Health Board. Gemma Nosworthy, Primary & Community Care Academy Manager, Betsi Cadwaladr University Health Board

Background

West End Medical Centre is a Health Board practice in north Wales serving a population of over 18,000 patients. The practice has undergone a number of changes in recent years including a merger of two practices to become West End Medical Centre in December 2022. It is staffed by a multi-disciplinary team of health professionals including GP, Consultant Nurse, Advanced Nurse Practitioner (ANP) / Nurse Practitioner (NP), Practice Nurses, Physiotherapists, Audiologist, Health Care Assistants, Pharmacists and Occupational Therapists. In 2021, Lucie Parry (ANP) and Charlie Rutter (NP) joined the practice. Both had previously worked in research roles in secondary care. This poster shares the journey from being research naïve, to recruiting the first patients!

Developing the research team

Developing the skills and knowledge of the practice team has been vital to establishing a research culture. This has been done by:

- Involving staff, offering opportunities to lead, and research training and development such as GCP and study specific learning.
- A baseline questionnaire circulated to the practice team indicated

Putting patients first

Patients have been at the heart of the clinical research agenda.

Academi

- Engagement in own care and service delivery
- Commitment time and resources
- Involvement patients and the wider public
- Education about roles and responsibilities within the team

a high level of confidence amongst practice staff involved with research (73% respondents confident or very confident across all questions).

72%	77%
of staff were confident or very	of staff were confident or ver
confident taking part in	confident talking about
research as part of their role	research with patients

"Research should underpin all of our clinical practice. It is essential to ensuring we are delivering the best possible care to patients now and in the future."

"Research results in happier, healthier patients who do not require too many appointments! It also enables the practice to learn new research techniques and how to apply them to patients."

Onwards and Upwards!

- Plan to re-run the staff questionnaire and identify and changes from baseline
- Aim to achieve 100% patient feedback
- Pump-priming
- Open commercial research study in the practice
-and get a colour printer!

- Choice members of the MDT
- Accessible care
- Achievable wins
- Measurement patient experience to enable improvement

Achievements

- Two studies (one CTIMP) open, six studies in EOI or setup stage
- Eight GCP trained staff including GPs, Advanced Nurse Practitioner and Nursing staff
- Monthly research group and plans for a journal club
- Research newsletter
- Patient feedback captured
- A research culture!

Practice staff independently requesting to undertake GCP and get involved with clinical research

Barriers to establishing and embedding clinical research

- Lack of time
- Clinic rooms/space
 Do
- Document storage



Working together

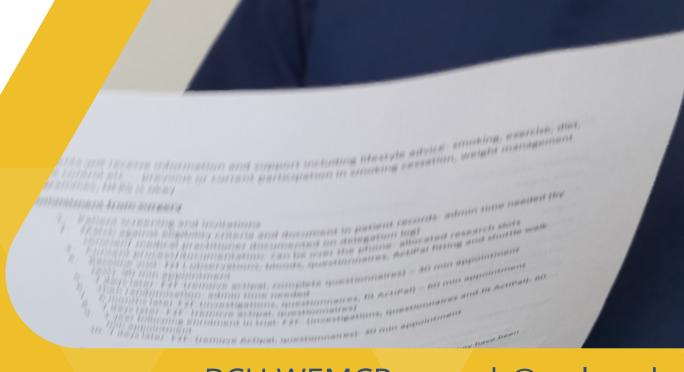






2023





BCU.WEMCResearch@wales.nhs.uk