The mental health research team have traditionally supported studies which have represented patients from community mental health teams across C&V and have often centred around a limited number of diagnoses. However, as mental health provision has become more specialised and targeted it has meant that our way of working has required to change with the research team needing to foster new relationships and embedding a research culture within teams where research was not as the forefront previously.

Progress and future aims
- Increasing awareness of research
- Supporting new principle investigators
- Expanding the mental health portfolio in Cardiff and Vale UHB
- Increasing research opportunities for under represented patient groups