

Health and Care Research Wales Awards 2023

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General guidance

The Health and Care Research Wales Awards 2023 are open to all health and social care researchers in Wales including health and social care professionals, allied health professionals and the wider affiliated research team.

To enter the awards, please complete and submit an entry form, using the guidance below.

Entries must be received by **17:00 on 20 September 2023**.

A panel of judges will decide the winner of each category and the winners will be announced at the Health and Care Research Wales conference on **12 October 2023**.

The winner of each category will be awarded funding of up to £250* to attend a training course, conference, workshop or similar event to develop an area of their research skillset. (*Where possible this must be claimed within the **current** financial year, by 31 March 2024).

All entrants are encouraged to register and attend the Health and Care Research Wales conference. For further information, please visit the conference page on our website [Health and Care Research Wales Conference 2023 | Health Care Research Wales](#)

Impact Award

This award recognises the difference Welsh research is making to people's everyday lives and the difference that people can make to that research.

The judging panel will be looking for examples of real value for patients and the NHS and social care in Wales in working towards a change of practice that meets their needs.

To be eligible you must be able to tell us about a project that was either active or completed in 2022-23 or that demonstrated impact during this time period.

To enter you will need to complete and submit an entry form on our website www.healthandcareresearchwales.org/form/awards-2023-submissions a 250-word (max) summary of your research study. It **must include**:

- The topic – why it is important, what the research need or knowledge gap was, how members of the public were involved in the choice.
- The research – who did it, how it came about, who funded it, who was involved.
- The impact – how the research has been used (or could be used) to change policy/practice and improve health and care.
- Public Involvement – how involving the public (patients, carers, service users etc.) has affected the impact of your research

You will also need to record a 60 second (max) video on a smart phone to upload with your entry form (see instructions below). This is your 60 seconds to show and tell the judges how your research is making a difference.

The winner's video will be shared on Health and Care Research Wales' communication channels, including our website and social media.

Rising Research Star Award

This award recognises those in the early stage of their health or social care research career who are already making an outstanding contribution to their field and/or developing as emerging leaders of the future.

In the context of this award, an early career researcher is defined as someone with no more than five years post-doctoral research experience (excluding, for example, maternity/paternity leave, career breaks or breaks necessitated by illness).

To enter you will need to complete and submit an entry form on our website www.healthandcareresearchwales.org/form/awards-2023-submissions containing a 250-word (max) summary of your research career so far. It **must include**:

A: Tell us about your research:

- What research you are working on right now
- What you have achieved so far in your research career (e.g. a completed project,

an important finding, an impressive award based on your research, a prestigious fellowship award)

- How people have helped shape your research
- What you hope to achieve through your research in future years
- Your thoughts on public involvement

B: Tell us about you:

- What qualifications you have achieved
- Where you studied
- Which people inspired you to become a researcher

You will also need to record a 60 second (max) video on a smart phone to upload with your entry form (see instructions below). This is your 60 seconds to tell the judges why you are a rising research star!

The winner's video will be shared on Health and Care Research Wales' communication channels, including our website and social media.

Innovation in Practice Award

This award recognises the achievements of individuals or teams within their field of practice.

The judging panel will be looking for examples of real value where individuals or teams in Wales have been innovative in research and that this has had an impact. This can be at any stage of research development, delivery or dissemination/implementation or even in embedding research within their services.

To be eligible you must be able to tell us about an example during 2022-23.

To enter you will need to complete and submit an entry form on our website <https://healthandcareresearchwales.org/form/awards-2023-submissions>- containing a 250-word (max) summary. It **must** include:

- The role(s) – Which roles were involved, were they professional and or lay roles,
- Impact of the innovation – what was the innovative practice, what was the outcome / how the individual/team created this impact in practice settings.

You will also need to record a 60 second (max) video on a smart phone to upload with your entry form (see instructions below). This is your 60 seconds to show and tell the judges how your role is making a difference.

The winner's video will be shared on Health and Care Research Wales' communication channels, including our website and social media.

Public Involvement Award

This award recognises the very best use of public involvement in a health or social care research study, using the UK Standards for Public Involvement on the Health and Care Research Wales website (<https://healthandcareresearchwales.org/public-help-research/uk-standards-public-involvement>) as a measure.

The judging panel will be looking for examples where members of the public are involved throughout the research process - from the very beginning of the research idea right through to sharing the outcomes and findings.

To be eligible you must be able to tell us about a project that was either active or completed in 2022-23.

To enter you will need to complete and submit an entry form on our website (<https://healthandcareresearchwales.org/form/awards-2023-submissions-public-i>) containing a 500-word (max) summary of your public involvement. It **must** include:

- A description of how the UK Standards informed the way the public involvement was planned and managed
- How many people you involved and what lived experience they had which was relevant to the research
- How members of the public were involved in meaningful and relevant ways, including the tasks, meetings, and activities people were asked to do
- Evidence of the impact and difference public involvement made to the research study and to the member(s) of the public involved

You will also need to record a 60 second (max) video on a smart phone to upload with your entry form (see instructions below). This is your 60 seconds to show and tell the judges how you have involved members of the public and the difference it has made.

The winner's video will be shared on Health and Care Research Wales' communication channels, including our website and social media.

Instructions for video recordings

Please follow these tips for recording a video:

- Film the video on your phone in landscape, in a stand to hold it steady if you have one
- Try to position your head in the middle of the frame and don't stare at your notes too much (a little bit of looking at notes is fine)
- Make sure nothing is accidentally covering the microphone e.g. your phone case
- Before you start recording just double check there isn't anything in your background that shouldn't be there and that there isn't too much background noise
- Please leave a few seconds of silence at the beginning and the end of the video (before/after speaking)
- When speaking try to avoid acronyms/phrases that the public won't be familiar with

We will ask you to send your videos via the WeTransfer website (<https://wetransfer.com/>).

Once you have sent your video, you will receive a confirmation email from us to acknowledge the file has been received and downloaded. If you do not receive a confirmation email from us, please email healthandcareresearch@wales.nhs.uk

Please note, all videos must be received by the submission deadline: 17:00 on 20 September 2023.

Using WeTransfer

Step 1: Click on the link to access the WeTransfer website: <https://wetransfer.com/>
(note: you don't need to set up an account but you will need to accept or manage cookies and agree to terms and conditions the first time you visit the site)

Step 2: Click on the blue circle with the '+' symbol to add your video file

Step 3: You can then choose one of the following options to send your video file:

a) Get transfer link

- Click on the 'get link' button and then the 'copy link' button
- Paste the link in an email and send to healthandcareresearch@wales.nhs.uk
- Subject: 'Conference 2023 – award entry'
- In the body of the email please type the following details: name of the award you are entering and your name (e.g. Impact Award – Joe Bloggs)

Or

b) Send email transfer

- Click on the circle with the three dots ‘...’ and then select ‘send email transfer’.
- Fill in the following details:
 - Email to: healthandcareresearch@wales.nhs.uk
 - Your email: [type your email address]
 - Message: [type the name of the award you are entering and your name] (e.g. Impact Award – Joe Bloggs)
 - Click on the ‘transfer’ button
- If it’s the first time you’ve used WeTransfer, you will be sent an email with a verification code. Please enter the verification code in the box and click on the ‘verify’ button
- You will then receive a confirmation email from WeTransfer

Further contact information

If you have any queries regarding the awards or submitting an entry, please contact the Health and Care Research Wales conference team:

healthandcareresearch@wales.nhs.uk