Developing Research in Health & Social Care: Perspectives From...a Physiotherapist

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Research context

JOINT PAIN, SELF-MANAGEMENT, DIGITAL TECHNOLOGY, MULTIPLE LONG TERM CONDITIONS, INTERVENTIONS
Success Stories
Research skills & Development

Asking questions and challenging practice

Find a mentor or research friends, talk about research

PhD

Writing
Grants
Papers
Challenges

- Navigation
- Funding
- Confidence
Reflections & Advice

• Speak to lots of people and listen
• Don’t give up on a good idea
• Listen to feedback
• Be prepared to keep learning and evolving

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