

Health and Care Research Wales Conference Awards 2024 Research Matters

General guidance

The Health and Care Research Wales Awards 2024 are open to **all health and social care researchers in Wales including health and social care professionals, allied health professionals and the wider affiliated research teams.**

To enter the awards, please complete and submit the entry form, using the guidance below.

Entries must be received by **17:00 on 15 July 2024.**

A panel of judges will decide the winner of each category and the winners will be announced at the Health and Care Research Wales conference on **10 October 2024.**

The winner of each category will be awarded funding of up to £250 to attend a training course, conference, workshop or similar event to develop an area of their research skillset.

This offer will only be available for claims presented to us before 7 March 2025. We will not be able to process claims after this date because of financial year end.

By submitting an award application, you are agreeing to register for and attend the Health and Care Research Wales conference or nominate a deputy. For further information, please visit the [conference page on our website](#)

Health and Social Care Impact Award

This award recognises the difference Welsh research is making to people's everyday lives and the difference people can make to that research.

The judging panel will be looking for examples of real value for the public and patients, and/or impact on the NHS and social care services in Wales, including if appropriate,

financial, social and environmental sustainability have been considered.

To be eligible you must tell us about a project that was either active or completed in 2023-24 or that demonstrated impact during this time period.

To enter you will need to complete and submit the entry form [on our website](#) a 250-word (max) summary of your research study and provide a 60 second video communicating how your research has or will make an impact.

Your written submission must include:

- The topic – why it is important, what the research need or knowledge gap was, were members of the public involved in the choice?
- The research – who did it, how it came about, who funded it, who was involved.
- The impact – how the research has been used (or could be used) to change policy/practice and improve health and care and/or improve environmental, social, or financial impacts compared to standard practice.
- Public Involvement – how the inclusive involvement of the public (patients, carers, service users etc.) has affected the impact of your research.

Your video submission must be a maximum of 60 seconds and can be filmed on a mobile phone or via Teams and must clearly communicate how your research has or will make an impact and on who or what.

Please see instructions below on how to film and submit your video.

If you need any help with filming or uploading your video, please get in touch with a [member of the team](#) and they will be able to assist you.

Your video may be shared across Health and Care Research Wales' communication channels, including our website and social media, to promote the conference or other Health and Care Research Wales activities.

Rising Research Star Award

This award recognises those in the early stage of their health or social care research career who are already making an outstanding contribution to their field and/or developing as emerging leaders of the future.

In the context of this award, an early career researcher (ECR) is defined as someone currently at one of the following ECR stages:

- A. Doctoral;
- B. Immediately post doctorate;
- C. Transition to independent researcher

To enter you will need to complete and submit the entry form on [our website](#) containing a 250-word (max) summary of your research career so far and a 60 second (max) video communicating how your research will have an impact on the people in Wales.

Your written submission must include:

- What research you are working on right now
- How has it contributed to the generation of new ideas, tools, methodologies or knowledge
- Describe how you have developed others and maintained effective working relationships.
- Your contribution to the wider research community
- What contribution have you made to research - users and audiences, and towards wider societal benefit
- How have or will you and your work make an impact in Wales and beyond
- What you have achieved so far in your research career (e.g. a completed project, an important finding, an impressive award based on your research, a prestigious fellowship award)
- How people have helped shape your research
- What you hope to achieve through your research in future years

Your video submission must be a maximum of 60 seconds and can be filmed on a mobile phone or via Teams and must clearly communicate how your research will make an impact in Wales and beyond.

Please see instructions below on how to film and submit your video.

If you need any help with filming or uploading your video, please get in touch with a [member of the team](#) and they will be able to assist you.

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Public Involvement Award

This award recognises the very best use of public involvement in a health or social care research study, using the UK Standards for Public Involvement as a measure.

The judging panel will be looking for examples where members of the public are involved throughout the research process - from the very beginning of the research idea right through to sharing the outcomes and findings.

To be eligible you must be able to tell us about a project that was either active or completed in 2023-24.

To enter you will need to complete and submit the entry form [on our website](#) containing a 600-word (max) summary of your public involvement and a 60 second (max) video communicating how public involvement has impacted on the research and the members of the public involved.

It must include:

- A description of how the UK Standards for Public Involvement informed the way the public involvement was planned and managed.
- How many people you involved and what lived experiences they had which was relevant to the research.
- How members of the public were involved in meaningful and relevant ways, including the tasks, meetings and activities people were asked to do.
- Evidence of the impact and difference public involvement made to the research study and to the member(s) of the public involved.

Your video submission must be a maximum of 60 seconds and can be filmed on a mobile phone or via Teams and must clearly communicate how public involvement has impacted on the research and the members of the public involved.

Please see instructions below on how to film and submit your video.

If you need any help with filming or uploading your video, please get in touch with a [member of the team](#) and they will be able to assist you.

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Innovation in Practice Award

This award recognises the achievements of individuals or teams within their field of practice.

The judging panel will be looking for examples of real value where individuals or teams in Wales have been innovative in health and social care research and that this has made or will make a difference in practice.

This can be at any stage of research development, delivery or dissemination/ implementation or in embedding research within health and social care services.

To be eligible you must tell us about an example that took place during 2023-24.

To enter you will need to complete and submit the entry form [on our website](#) containing a 250-word (max) summary and a 60 second (max) video communicating how your innovation has or will make a difference to people living in Wales.

Your written submission must include:

- The role(s) – Which roles were involved, were they professional and or lay roles?
- Describe the innovative practice or development.
- Describe the difference this has made, or it will make, in the relevant field of practice.
- What or who will benefit from the changes?
- How generalisable is this to other practice settings?

Your video submission must be a maximum of 60 seconds and can be filmed on a mobile phone or via Teams and must clearly communicate what the innovation is and the difference it has or will make to practice.

Please see instructions below on how to film and submit your video here,

If you need any help with filming or uploading your video, please get in touch with a [member of the team](#) and they will be able to assist you.

Your video may be shared across Health and Care Research Wales' communication channels, including our website and social media, to promote the conference or other Health and Care Research Wales activities.

Instructions for video recordings

Please follow these tips for recording a video:

- Film the video on your phone in landscape, in a stand to hold it steady if you have one
- Ensure you can see yourself in the frame from around the mid-chest up and try to position your head in the middle of the frame.
- Don't stare at your notes too much (a little bit of looking at notes is fine)
- Make sure nothing is accidentally covering the microphone e.g. your phone case
- Before you start recording just double check there isn't anything in your background that shouldn't be there and that there isn't too much background noise
- Please leave a few seconds of silence at the beginning and the end of the video (before/after speaking)
- When speaking try to avoid acronyms/phrases that the public won't be familiar with

Sending your video

You have a few options on how to send your video to us:

1. **Via WhatsApp** to our Digital Communications Officer, Amy Walters on 07720248188
2. **Through Teams** to our Digital Communications Officer, Amy Walters (amy.walters5@wales.nhs.uk)
3. If your video file is small enough you can try to send it **via email** to healthandcareresearch@wales.nhs.uk. Please be aware the maximum file size which can be sent using Outlook is 20MB.

Once you have sent your video, you will receive a confirmation message from us to acknowledge the file has been received and downloaded. If you do not receive a confirmation message, please email healthandcareresearch@wales.nhs.uk

If you need any help with filming or uploading your video, please get in touch with a member of the team using this email address healthandcareresearch@wales.nhs.uk and they will be able to assist you.

Please note, all videos must be received by the submission deadline: 17:00 on 16 August 2024.

Further contact information

If you have any queries regarding the awards or submitting an entry, please contact the Health and Care Research Wales conference team:
healthandcareresearch@wales.nhs.uk