

Support and Delivery Day 2025

Driving change for research excellence

8 July 2025
Cardiff City Stadium

08:00	Registration, networking and poster viewing	Ricoh Suite
09:30	Welcome Dr Nicola Williams, National Director of Support and Delivery, Health and Care Research Wales	Ricoh Suite
09:45	Research in healthcare: why it matters Dr Christopher Scrase, Consultant Clinical Oncologist, Betsi Cadwaladr University Health Board	Ricoh Suite
10:30	Refreshments, exhibition and poster viewing	Ricoh Suite
11:00	Parallel sessions	
	Research excellence TED-style talks Chair: Helen Grindell, Head of Research Support and Operations, Health and Care Research Wales	Ricoh 1
	<ul style="list-style-type: none"> Developing a trauma-informed approach to First Aid - Catherine Arnold, First Aid Trainer, Trauma Informed First Aid Genetic Landscape of Inherited Retinal Dystrophies in a Welsh Tertiary Referral Centre – Marcela Votruba, Consultant Ophthalmologist, Cardiff and Vale University Health Board Bridging the gap between rural health and policy – Veronika Rasic, Founder and Director, Rural Health Compass Rural health and care - the need to do things differently – Anna Prytherch, Head, Rural Health and Care Wales Creating an NHS/Academic Partnership together to drive research excellence – Rhyd Owen, Cancer R&D Strategy Lead, Velindre University NHS Trust 	
	Innovation in research delivery, approaches and models Chair: Caradog Thomas, Team Lead Research Nurse, Swansea Bay University Health Board	Ricoh 2
	<ul style="list-style-type: none"> Implementing multiple randomisations using REDCap within a Sequential Multiple Assignment Randomised Trial (SMART) - Ruth Louise Poole, Senior Healthcare Evaluation Scientist, Centre for Healthcare Evaluation, Device Assessment, and Research (CEDAR) Innovating research delivery in clinical practice - AIRWAYS 3 Trial - Kirsty Middleton, Critical Care Outreach Practitioner, Cwm Taf Morgannwg University Health Board Stronger Together: Cross-organisational collaboration driving excellence in cancer research delivery in Wales - Emma Williams, Senior Nurse Research and Katie Gilmour Early Phase Research Nurse, Velindre University NHS Trust 	
	Making time for research Chair: Nia Viney, Research Nurse, Swansea Bay University Health Board	Chairman's Suite
	<ul style="list-style-type: none"> Embedding Research and Innovation in the Welsh Ambulance Service - Cendl Xanthe, Research and Innovation Officer, Welsh Ambulance Services University NHS Trust Making research everyone's business in Lymphoedema Wales Clinical Network - Marie Gabe-Walters, National Research and Innovation Lymphoedema Specialist and Daniel Rothwell, Research and Innovation Specialist, Lymphoedema Wales Clinical Network Rethinking evidence standards - creating evidence summaries for the social care workforce - Grace Krause, Research Coordinator, Social Care Wales A comparison of paper versus electronic remote consent - lessons learned so far from the HELPP Study – Samuel Bird, Senior Researcher, CEDAR 	

Workshop: VPAG task and finish group findings and recommendations for imaging in research delivery: what does this mean for me?

Fred Keenor

- Kate Milne, Senior Research Delivery Health Care Scientist, Health and Care Research Wales

12:00 Lunch, poster viewing and networking

Ricoh Suite

13:00 Parallel sessions

Doing commercial research differently

Ricoh 1

Chair: Helen Tench, Assistant Head of Research Delivery, Hywel Dda University Health Board

- Being Research Ready "Developing a specialised vaccine delivery unit" – Maryanne Bray, Early Phase team Lead, Cardiff and Vale University Health Board
- The One Wales Community Trials Centre: Research That Works for Everyone – David Foxwell, National Co-lead, Primary Care and Community Research Delivery Centre
- Rethinking Commercial Research: embedding innovation in NHS bowel cancer screening – Nicola Heady, Study Manager, Swansea University

Research excellence presentations

Ricoh 2

Chair: Maria Johnstone, Research Nurse Team Lead, Swansea Bay University Health Board

- Inner Strength or Outer Armour? Lived experiences of what supports health and wellbeing in young people who have experienced childhood adversity – Laura Eddins, Public Involvement and Engagement Coordinator, Health and Care Research Wales
- Parental Expressed Emotion: an analysis of verbal and facial expressed emotion as a mechanism for child emotional development and understanding – Ellie Dorrans, Postgraduate Research Student, Cardiff University
- Exploring common and unique variables associated with adolescent mental health and mental wellbeing in a nationally representative survey of 11-16 years olds in Wales – Liam Mahedy, Research Fellow, Public Health Wales
- The landscape of clinical trials research in Inherited Ophthalmic Disease - Marcela Votruba, Consultant Ophthalmologist, Cardiff and Vale University Health Board

Workshop: Proportionate consent; the theory behind it, the practical implications and ethical considerations

Chairman's Suite

- Catherine Johnston, Training Manager, Health and Care Research Wales
- Emma Heron, Lead Research Nurse - Delivery Support, Aneurin Bevan University Health Board

Workshop: A united Wales: fostering effective collaboration between clinical and research teams to promote a patient-centred research culture in the NHS

Fred Keenor

- Rebecca Weston-Thomas, Cancer Research UK Lead Nurse for Wales, NHS Wales

14:00 Refreshments, exhibition and poster viewing

Ricoh Suite

14:30 Strategic action plan for nurses, midwives and allied health professionals in Wales : research for everyone

Ricoh Suite

Jayne Goodwin, National Head of Research Delivery NMAHPs, Health and Care Research Wales

15:15 Using confidential health data to invite people to participate in research: A Public Dialogue to inform UK policy

Ricoh Suite

Alex Newberry, Head of Public Involvement, Governance and Data Welsh Government

16:00 Close

Ricoh Suite

Nicola Williams, National Director of Support and Delivery, Health and Care Research Wales